






CHILDHOOD DEVELOPMENTAL MILESTONES

AGE	GROSS MOTOR	FINE MOTOR	SPEECH/LANGUAGE	SOCIAL
6 weeks	Pull to sit: Head lag, rounded back. Ventral Suspension: Head momentarily in same plane as body. Prone: Pelvis high, knees no longer under abdomen. Chin raised occasionally.	Fixates and follows to 90 degrees	Vocalising by 8/52 Quiets to sound. Startles to sound.	Smiles Responsively.
3 mths	Pull to sit: Only slight head lag. Head occasionally bobs forward. Ventral Suspension: Head above plane of body. Prone: Pelvis flat. Lifts head up 45° - 90°.	Hand regard. Follows object from side to side (180°). Hands held loosely. Grasps object placed in hand. Not reaching out.	Squeals with delight. Turns head to sound.	Laughs.
5 mths	Pull to sit: No head lag and sits with straight back. Lying supine: Feet to mouth.	Reaches for objects. Plays with toes.		Mouthing.
6 mths	Pulls to sit: Lifts head off couch in anticipation. Sits with support. Bears weight on legs. Prone: Supports weight on hands; chest, upper abdomen off couch. Rolls prone to supine.	Palmar grasp of cube, ulnar approach. Moves head, eyes in all directions. No squint (after 4 months).		
7 mths	Sits with hands on couch for support. Rolls from supine to prone.	Feeds self with biscuits. Transfers objects - hand to hand. Rakes at pea.	Babbling in single syllables. (combined syllables at 8 months). Distraction Test.	Stranger anxiety.
9 mths	Sits steadily. Leans forward but cannot pivot. Stands holding on. Pulls self to stand.	Inferior pincer grasp (Scissors grasp)	Localises sound at 3 feet, above and below the ear level.	Feeds with spoon occasionally. Looks for fallen toys. Understands "NO!" Waves "Bye bye" Plays "Pat-a-Cake"
10 mths	Crawls on abdomen. Pull self to sit.	Index approach. Uses index finger to poke at pea. Able to let go of cube in hand.		Plays "peek-a-boo"
11 mths	Creeping on all FOURS Pivoting. Cruising. Walks with 2 hands held.		ONE word with meaning.	
1 year	Gets from lying to sitting to crawling to standing. Walks like a bear. Walks with ONE hand held. Walks well (13 months). Stands alone	Neat pincer grasp. Bangs 2 cubes. Sees and picks up hundreds and thousands.	Understands phrases; 2 - 3 words with meaning. Localising sound above head.	Casting (13 months) Less mouthing. Shy.
15 mths	Creeps upstairs. Stoops for toy and stands up without support. (best at 18 months)	Tower of 2 cubes. Scribbles spontaneously (15-18 months)	More words. Points to objects he wants. Continual jabber and jargon.	Takes off shoe. Feeds self with cup and spoon (but spills). Mouthing stops

AGE	GROSS MOTOR	FINE MOTOR	SPEECH/LANGUAGE	SOCIAL
18 months	Gets up and down stairs holding on to rail or with one hand held. Pulls toy or carries doll. Throws ball without falling. Sits on a chair.	Tower of 3 cubes. Scribbles spontaneously. Visual test: Picture charts. Handedness	Points to 2 - 3 body parts. Picture Cards - identify one.	Imitates housework. Toilet trained. Uses spoon well. Casting stops.
2 years	Goes up and down stairs alone, 2 feet per step. Walks backwards (21 months) Runs. Picks up toy without falling. Able to throw and kick ball without falling.	Tower of 6 cubes. Imitates cubes of train with no chimney. Imitates straight line. Visual test: Snel-len's chart.	2-3 word sentences. Uses 'you' 'me' 'I'. Names 3 objects. Obeys 4 simple commands. Points to 4 body parts.	Puts on shoes, socks, pants. Dry by day. Play near other children but not with them.
2.5 years	Jumps on both feet. Walks on tip toes.	Tower of 8. Imitates train with chimney, Holds pencil well. Imitates _____ and _____	Knows FULL name and gender. Names one colour.	
3 years	Goes up stairs one foot per step. Down stairs 2 feet per step. Jumps off bottom step. Stands on 1 foot for seconds. Rides tricycle.	Tower of 9. Imitates bridge with cubes: Copies  Imitates  Draw a man test. (3 - 10y)	Can count to 10. Names 2 colours. Nursery rhymes. Understands "on", "in", "under".	Dresses, undresses with help. Dry by night. Plays with others.
4 years	Goes up and down stairs one foot per step. Skips on one foot. Hops on one foot.	Imitates gate with cubes. Copies  Goodenough test 4.	Names 3 colours. Fluent conversation. Understands "in front of", "between", "behind".	Buttons clothes fully. Attends to own toilet needs.
4.5 years		Goodenough test 4.		
5 years	Skips on both feet. Runs on toes.	Copies square. Draws recognisable man and house. Copies 'X' (5 years)  Copies (5½ years) triangle. Goodenough test 8.	Knows AGE. Names 4 colours. Triple order preposition. Tell's the time.	Ties shoelaces. Dresses and undresses alone.
6 years	Walks heel to toe Kicking, throwing, climbing.	Goodenough test 12. Imitates or copies steps with 10 cubes		

Note: Goodenough test: 3 + a/4 years (a = each feature recorded in his picture).